

# Meet **Kita!**

Tips for little trips

Nagasaki City Northern (Kita) District  
The Mie, Sotome and Kinkai Areas

Excitement  
Pleasure  
Great food  
All found in Kita!

MIE SOTOME KINKAI

## ACCESS MAP

Tips for little trips Meet Kita! Nagasaki City Northern (Kita) District — The Mie, Sotome and Kinkai Areas

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### Recommended Course 1

#### Sea Experience Tour with All Your Senses

Prayers in Sotome, blessings in Mie, and relaxation in Kinkai. Enjoy a drive around them all and find your favorites.

Let's hit the road!!

Found my favorite!

**10:30 Kinkai Regional Office**  
Located in Kurosaki, the setting of the novel Silence, this church features a brick sanctuary lovingly built by its believers and beautiful stained-glass windows.

**10:50 Kurosaki Church**  
Enjoy a relaxing moment while gazing at the islands scattered across the majestic Sumonada Sea.

**11:45 Roadside Station Yuhigaoka Sotome**  
Enjoy a relaxing moment while gazing at the islands scattered across the majestic Sumonada Sea.

**12:15 Suisan Shokudo**  
Fresh seafood delivered directly from the Nagasaki Fish Market, locally grown farm produce, and a wide variety of items such as dried fish, kamaboko, sushi, and sweets are available—making this the perfect place for souvenir shopping.

**13:30 Home-roasted coffee shop: Pumpkin**  
Take a relaxing break with coffee carefully brewed by the master.

Estimated taxi fare for this course: ¥19,000  
(Please use this as a reference when touring the course by taxi. (As of January 2026))  
**Heiwa TAXI** TEL: 095-850-4034  
For details, please contact the taxi company directly.

More must-try spots!

**Nagasaki Fishing Port Ganba Land**  
Fresh seafood delivered directly from the Nagasaki Fish Market, locally grown farm produce, and a wide variety of items such as dried fish, kamaboko, sushi, and sweets are available—making this the perfect place for souvenir shopping.

**Umi to Daichi no Megumi**  
Seasonal agricultural and seafood products, along with ready-made side dishes, are also available. On weekends, the "Umi Cafe" opens, offering original drinks featuring fresh fruits. Be sure to stop by for a relaxing break during your drive or after shopping.

**Kinkai Ajisai-ichi**  
You'll find plenty of locally harvested mountain produce, with seasonal fruits such as strawberries and Shiranui citrus in spring, and Nagaura watermelon in summer. There are also spots to enjoy rapeseed flowers and cosmos—perfect for a quick stop while shopping.

**Yamasaki Pearls**  
Knowledgeable staff will carefully explain the true beauty and value of pearls. Find the perfect pearl just for you.

### Recommended Course 2

#### World Heritage Tour to Experience History

The Sotome area, home to villages registered as a World Heritage Site. This course allows visitors to feel the enduring legacy of the Hidden Christians and the inspiring story of Father de Rotz, leaving a lasting impression on the heart.

From here, enjoy the breathtaking views of Sumo-mada!

Satisfy both your taste buds and your eyes!

**10:00 Endo Shusaku Literary Museum**  
A bustling market filled with fresh, locally harvested specialty products, picked just that morning.

**11:00 Ono Church**  
There is a beautiful stone wall, known as Father de Rotz's Wall.

**12:00 cafe OZIMOC**  
A chic, renovated café tucked away in a lush natural setting.

**13:30 Father de Rotz Memorial Hall**  
Father Marc Marie de Rotz, fondly remembered as "De Rotz-sama," dedicated his life to the people of Sotome with profound compassion for humanity. Exploring Sotome today, visitors can still feel the legacy of his many contributions.

Hidden Christian Sites in the Nagasaki and Amakusa Regions

These sites bear witness to the traditions associated with the continued practice of the faith by Hidden Christians in the Nagasaki and Amakusa (Kumamoto Prefecture) regions during a period when Christianity was prohibited. They were inscribed on the UNESCO World Cultural Heritage list in July 2018.

**15:30 Former Shitsu Aid Center**  
Enjoy a luxurious moment with a delicious cup of coffee!

**17:30 SUSHI and Japanese Restaurant: Isoshin**  
A restaurant specializing in delicious fish dishes, renovated in 2022.

**JUNE COFFEE**  
Authentic breads and desserts crafted by a chef trained in the UK and France.

### Recommended Course 3

#### Nature-Filled Tour Surrounded by Flowers

The northern region offers stunning natural scenery throughout the year. Enjoy a delicious lunch surrounded by beautiful nature, and let both your heart and appetite be fully satisfied.

In spring, the suspension bridge leading to a tunnel of cherry blossoms is a perfect spot for photos.

The Kasumi Set, a single plate featuring the best local fish and meat, is highly recommended.

Take a leisurely stroll along the 2 km stretch of cherry trees lining both sides of Tone River, while enjoying the scenic rice fields.

**Kinkai Central Park**  
You can take a relaxing stroll while enjoying views of the peaceful Omura Bay, or relive your childhood fun with grass skiing.

**kasumi - European Inspired Creative Cuisine**  
Enjoy a grown-up "kids' lunch" while taking in panoramic views of Omura Bay. Lunch with your dog is also welcome (reservation required).

**Tone River-Yashirogaoka Flower Park**  
Don't miss the nearby Yashirogaoka Flower Garden, where you can enjoy bright yellow rapeseed flowers in spring, and red spider lilies in autumn.

**Maaya+n**  
At the countryside café Maaya, you can enjoy card readings, hand care, and a relaxing time at the café. You can also shop for TAKEFU bamboo fabric products, aromatherapy items, soaps, and more. [Women Only] Aromatherapy Healing Care 10:30-11:30 (Reservation Required) Healing café 12:00-17:00

**Kinkai Akamizu Park**  
A prime location with stunning views of Omura Bay below.

**Nagasaki City Sakuranosato Park**  
A cherry-blossom spot with around 8,000 trees in full bloom. Stroll through the park or play on the grounds—the choice is yours!

**Sushi and Japanese Restaurant: Sunayoshi**  
Savor sashimi made from fresh seafood, delivered straight from the morning market.

More must-try spots!

**Koshiki Iwa Chaya (Soba-Making Experience)**  
Enjoy an authentic soba-making experience on a scenic hilltop, guided by the friendly Iwashita couple. Knead the soba flour, cut the noodles, and cook them in a large outdoor pot—then, of course, taste your creation! In spring, you can also try bamboo shoot picking, and in autumn, chestnut gathering. Please contact the shop for details.

2081-4 Nishiumi-machi  
TEL: 090-3013-4028

For more details, visit the website.

## Kankoro-mochi & Yuko fruits

The Shitsu and Onho villages in Sotome are part of the UNESCO World Heritage Site "Hidden Christian Sites in the Nagasaki Region and Amakusa." These villages were once home to believers known as Hidden Christians, who secretly preserved their faith under severe anti-Christian persecution. In the absence of missionaries, these communities developed a unique food culture of their own. Here, we introduce two local specialties from Sotome that have been passed down through generations: Kankoro-mochi (sweet potato rice cakes) and Yuko, a type of citrus fruit.

### A delicately sweet, rustic flavor

#### Kankoro-mochi

To preserve sweet potatoes, they are sliced and sun-dried to create kankoro. Kankoro-mochi is a traditional rice cake made by steaming kankoro, blending it with glutinous rice, and pounding the mixture into mochi.

Two keepers of the kankoro-mochi Tradition  
Shitsu Norakusha Mr. & Mrs. Sugiyama

#### How Kankoro-mochi is made

- Slice the sweet potatoes
- Boil
- Sun-dry
- Steam the dried sweet potatoes and glutinous rice
- Pound to make the mochi
- Shape to finish

Without successors to carry on the tradition, Kankoro-mochi in the Sotome area was at risk of disappearing. That was when Mr. and Mrs. Sugiyama stepped in. They opened Shitsu Norakusha, a café where visitors can enjoy Kankoro-mochi—rare even within Nagasaki Prefecture. At the café, guests can savor fried Kankoro-mochi and Kankoro-mochi gratin, as well as take part in hands-on experiences to make Kankoro-mochi from scratch. By preserving tradition while exploring new ways to share it, these two continue to inspire—and are well worth watching in the years to come.

### A new fruit steeped in history

#### Yuko

Yuko is a historic citrus fruit long cherished in Sotome and takes part in the Slow Food movement as a traditional aromatic citrus, helping to preserve the region's food culture. Its mild, rounded acidity pairs well with both meat and fish, and Yuko-based products—such as liqueurs, dressings, and sweets—are available at the roadside station Yuhigaoka Sotome.

"Yuko is a fruit full of history and romance," says Chairman Ohiyama. To pass on its long-hidden, closely guarded flavors to the next generation, he established the Sotome Yuko Promotion Association. The association promotes tree planting, the development of processed Yuko products, and collaborations with food companies. Through these efforts, Yuko is being introduced as a specialty of Nagasaki that can be enjoyed nationwide.

The Man Who Loves Yuko  
Mr. Ohiyama, Chairman, Sotome Yuko Promotion Association

## Find some nice souvenirs to take back home with you!

Sweets

**Shitsu Norakusha**  
1613-89 Azekari-machi  
Open 7:00-15:00  
Closed on Mon & Tue  
TEL: 095-814-1310  
Parking available (3 cars)

**Asakawa Shoten**  
Sotome Kurashi

**Ganbaro Kai**  
1613-89 Azekari-machi  
Open 7:00-15:00  
Closed on Mon & Tue  
TEL: 090-3593-0887  
Parking available (5 cars)

**And.chiffon**  
Specialty Shop for Rice Bread and Sweets  
2-23-60 Sakuranosato  
Open 11:00 - Sold out (Tue: "Fresh Rice Bread Day" 12:00 -) Closed on Mon & Wed  
TEL: 090-9724-1631  
Parking available

**Ririkana sweets**  
1-10-3 Hoyodai  
Open 11:00-16:00  
Irregular holidays  
TEL: 095-884-3991  
Parking available (2 cars)

**Chiffon cake**  
Dorayaki and other Japanese-style sweets, made with carefully selected ingredients, are all handmade in the workshop. Online orders are also available, making it easy to enjoy these sweets anywhere in Japan.

**Ririkana-Dorayaki**

**Zuccotto**  
The round-shaped cheesecake "Zuccotto" is gently baked using a steaming method, giving it a light, fluffy, and delicately airy texture.

**Passage Kinkai - Lounge Orpheus**  
171 Kinkai-Tonehara-machi  
Open 10:00~17:00 (L.O. 16:30)  
Irregular holidays (Check website)  
TEL: 095-884-3300  
Parking available (160 cars)

**Seasonal cakes**  
Relax in an open, airy space while enjoying breathtaking views of Omura Bay. Be sure to try the patisserie's signature cakes, which change with the seasons.

## Find some nice souvenirs to take back home with you!

Bread

**Mie pont de bonheur**  
1613-89 Azekari-machi  
Open 7:00-15:00  
Closed on Mon & Tue  
TEL: 095-814-1310  
Parking available (3 cars)

**Mental French Karasumi French**

**Mie PAN • PAKA • PAN**  
2-8-19 Kyodomari  
Open 5:30-13:00 (or until sold out)  
Closed on Wednesdays  
TEL: 095-850-7172  
Parking available (10 cars)

**Hotel-style Shokupan**

**Mie Happy Pan**  
2-15-1 Sakuranosato  
Open 11:00-17:00 (or until sold out)  
Closed on Sun-Wed  
TEL: 090-6801-3277  
Parking available (5 cars)

**Scone**

**Mie JUNE COFFEE**  
1192-1 Azekari-machi  
Open 11:00-18:00 (Drink L.O. -17:30)  
Closed during the New Year holidays  
TEL: 090-6801-3277  
Parking available (50 cars)

**croissant**

**Sotome Ichinose Kashiho**  
955 Kounoura-egawa machi  
Open 7:30-17:00  
Closed on Tuesdays  
TEL: 0959-24-0016

**Anpan**

**Sotome Sotome Bakery**  
623-2 Kounoura-egawa machi  
Open 10:00-18:00  
Closed on Tue-Thru  
TEL: 090-2251-7198  
Parking available (3 cars)

**Anko Shokupan**

**Sotome Taira Bakery**  
446 Akakubi-machi  
Open 9:59-25-0598  
Available at the Yuhigaoka Sotome (Map) See the Green Tourism website for details. Bread-making experience

**Rye bread**

**Sotome Roadside Station Yuhigaoka Sotome - Restaurant "La Mer"**  
149-2 Higashi Shitsu-machi  
Open 11:00-15:00 (L.O. 14:30)  
Closed on Wed  
TEL: 0959-25-0839  
Parking available

**Sunset Sandwich**

**Kinkai copain Bakery**  
354-1 Kinkai-Muramatsu machi  
Open 10:00-17:00  
Closed on Thursdays and one irregular day per month  
TEL: 095-884-3325  
Parking available (3 cars)

**Baguette**

**Kinkai Santa House**  
TEL: 095-885-2865

**Campagne**  
All breads are baked using original recipes and are low in fat and gentle on the body. They are available at the Kinkai Ajisai-ichi (Map) and at special event stalls.

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**Meet SOTOME**

Sotome – A Christian village of dazzling seas and glorious sunsets

# Mie - Sotome - Kinkai ACCESS MAP

**Meet KINKAI**

Kinkai – a colorful town through the four seasons overlooking the beautiful Omura Bay



**1 Tanada no Sato**  
 (Homestays/Simmered Food Cooking Experience)  
 621-3 Konoura-Shimo-Onakao-machi, Nagasaki City  
 TEL: 0959-24-0548  
 Parking available  
 See the Green Tourism website for details.

**2 cafe OZIMOC**  
 2542 Shimo-Ono-machi, Nagasaki City  
 Open 11:00-17:00 (L.O.16:30) | Closed on Tue-Thu  
 TEL: 050-7583-2734  
 Takeout available (drinks only)  
 Parking available (20 cars) municipal parking lot

**3 Shitsu Norakusha Cafe**  
 2442 Nishi-Shitsu-machi, Nagasaki City  
 Open 11:00-17:00 (L.O.)  
 Closed on Tue - Fri  
 TEL: 0959-25-0880  
 Takeout available  
 Parking available (10 cars)

**4 Sotomekurashi/Hayashi**  
 1165 Shimo-Kurosaki-machi, Nagasaki City  
 Reservations required at least one day in advance  
 Open 11:30-13:00 / 13:15-14:45  
 Irregular holidays  
 TEL: 0959-25-0036  
 Takeout available  
 Parking available (5 cars)

**5 Yume cafe / dog garden fukura**  
 576 Shin-Makino, Nagasaki City  
 Open 11:30-15:30 (L.O.14:30) | Irregular holidays  
 TEL: 070-1990-8973 (Reservations recommended)  
 Takeout available (drinks only)  
 Parking available (8 cars)

**6 Roadside Station Yuhigaoka Sotome**  
 149-2 Higashi-Shitsu-machi, Nagasaki City  
 Open 9:00-18:00  
 Closed on January 1-3  
 TEL: 0959-25-1430  
 Parking available (110 cars)

**7 Site of the Father de Rotz Odaira Workshop**  
 1195-26 Nishi-Shitsu-machi, Nagasaki City  
 ※ Open for free visits  
 Parking available

**Meet MIE**

Mie – A town of delicacies surrounded by plentiful seas and mountains

**8 RiriKana sweets**  
 1-10-3 Hoyodai, Nagasaki City  
 Open 11:00-16:00  
 Irregular holidays  
 TEL: 095-850-7719  
 Parking available (2 cars)

**9 Western Diner: Himawari Tei**  
 2-9-34 Kyodomari, Nagasaki City  
 Open 11:00-21:30 (L.O. 21:00)  
 Irregular holidays (Check website)  
 Takeout available  
 TEL: 095-840-1860  
 Parking available (25 cars)

**10 Chinese Restaurant: Chikurin**  
 320 Azekari-machi, Nagasaki City  
 Open 11:00-14:30 (L.O.) / 17:00-20:30 (L.O.)  
 Closed on Thursdays  
 Takeout available  
 TEL: 095-850-2629  
 Parking available (2 cars)

**11 Sushi and Japanese Restaurant: Sunayoshi**  
 3-380-2 Sakuranosato, Nagasaki City  
 Open 11:30-13:30 / 17:00-21:30  
 Closed on Mon & Tue  
 Reservations available  
 TEL: 095-850-0216  
 Parking available (16 cars)

**12 Sushi and Japanese Restaurant: Isoshin**  
 331-1 Mie-machi, Nagasaki City  
 Open 11:00-14:00 / 16:00-19:00  
 (Tue : 11:00-14:00)  
 May close when ingredients are sold out.  
 Closed on Thursdays  
 TEL: 095-850-0034  
 Parking available

**13 Suisan Shokudo (Fishery Canteen)**  
 3-3-1 Kyodomari, Nagasaki City  
 Open 6:00-14:00 (L.O.) Sashimi served from 9:00  
 Closed on Sundays (coincides with fish market holidays)  
 TEL: 095-850-3751  
 Parking available

**14 Nagasaki Fishing Port Ganba Land**  
 3-1929-20 Kyodomari, Nagasaki City  
 Open 9:00-20:00  
 Open year round (except New Year's holidays)  
 TEL: 095-865-8888  
 Parking available (200 cars)

**15 Mori no Garden (Pizza baking experience)**  
 1169 Narumi-machi, Nagasaki City  
 TEL: 095-850-2213  
 Reservation required 1week in advance  
 See the Green Tourism website for details.

**16 Umi to Daichi no Megumi**  
 3-1929-41 Kyodomari, Nagasaki City  
 Open 8:30-18:30  
 Closed on January 1-4 and irregular holidays  
 TEL: 095-860-1200  
 Parking available (30 cars)

**17 Ocean Palace Golf Club & Resort**  
 95 Kinkai-Tone-machi, Nagasaki City  
 Golf Restaurant 10:30-14:30  
 Evening Dining 18:00-20:00  
 Seasonal closure in summer  
 TEL: 095-884-1118  
 Parking available (100 cars)

**18 Passage Kinkai Island Golf Club**  
 171 Kinkai-Tonehara-machi, Nagasaki City  
 Open 9:00-17:00  
 Irregular holidays (Check website)  
 TEL: 095-884-3991  
 Parking available (160 cars)

**19 Peninsula Owners Golf Club**  
 1740 Kinkai-Odo-machi, Nagasaki City  
 Open 7:00-18:00  
 Irregular holidays  
 TEL: 095-886-3535  
 Parking available (200 cars)

¥ Cash accepted  
 〚 CREDIT 〚 Credit card payment accepted  
 〚 QR 〚 QR code payment accepted  
 (Please check with each store for available QR payment methods.)

**20 Flat Glamping Nagasaki**  
 1812-17 Nagaura-machi, Nagasaki City  
 Check-in 15:00 / Check-out 11:00  
 Irregular holidays  
 TEL: 095-885-2300  
 Parking available  
 Book online

Convenience Store

**21 Yababiko Family Campsite**  
 2360-30 Kinkai-Muramatsu-machi, Nagasaki City  
 Check-in 10:00 / Check-out 10:00  
 Irregular holidays  
 TEL: 095-884-1807  
 Parking available

**22 Seiryu to Tanada no Sato (Saunas)**  
 2258 Kinkai-Tone-machi, Nagasaki City  
 Open 10:00-17:00 | Irregular holidays  
 TEL: 090-4359-4743  
 Reservations available  
 Parking available (30 cars)

**23 Experience Workshop Original**  
 4669-20 Nishiumi-machi, Nagasaki City  
 Open 10:00-12:30 / 14:00-17:00  
 Closed on weekdays (Open on public holidays)  
 Reservations required  
 Parking available (2 cars)  
 Book online

**24 ippo style**  
 305 Kinkai-Tone-machi, Nagasaki City  
 Open 11:00-14:30 (Sat & Sun: 11:00-15:00)  
 Closed on Mon & Tue  
 By reservation only (at least 2 days in advance)  
 TEL: 090-1031-5893  
 Parking available (8 cars)

**25 Maaya+n**  
 3381-3 Nishiumi-machi, Nagasaki City  
 Open 12:00-17:00 | Clothing & healing available  
 Closed on Sun-Tue and on irregular holidays  
 TEL: 090-5474-2155  
 Parking available (10 cars)

**26 Ramen: Kitsutsuki**  
 2743-1 Nagaura-machi, Nagasaki City  
 Open 11:00-15:00 (Fri-Sun: 11:00-15:00/18:00-20:00)  
 Closed on Wed & Thu  
 TEL: 080-3223-6988  
 Parking available (15 cars)

**27 Honey Farm Poco Toscana**  
 1810-7 Nagaura-machi, Nagasaki City  
 Open 11:00-16:00 (Sat & Sun) | Closed on weekdays  
 TEL: 090-2748-7475 (Reservations recommended)  
 Pets allowed (Advance notice required)  
 Parking available (10 cars)

**28 NICO NICO FUN!**  
 2560-9 Nagaura-machi, Nagasaki City  
 Summer: 10:00-19:00  
 Winter: 10:00-18:00  
 Closed on Tue & Fri  
 Parking available

**29 Yakniku Tsukasa**  
 1698-1 Nishiumi-machi, Nagasaki City  
 Open 17:00-22:00 (Last entry 20:45 / or until sold out)  
 Closed on Mondays  
 TEL: 095-884-0219  
 Parking available

**30 Home-roasted coffee shop: Pumpkin**  
 738 Kinkai-Muramatsu-machi, Nagasaki City  
 Open 10:00-18:00 (Sat, Sun & public holidays: 11:00-18:00)  
 Irregular holidays  
 TEL: 095-884-2969  
 Takeout available (coffee only)  
 Parking available

**31 kasumi-European Inspired Creative Cuisine**  
 240-2 Kinkai-Tone-machi, Nagasaki City  
 Open 11:00-17:00 | Irregular holidays  
 TEL: 095-884-2877  
 Reservations required for dinner and dog-friendly lunch  
 Parking available (30 cars)

**32 Yamasaki Pearls**  
 1384-1 Kinkai-Tone-machi, Nagasaki City  
 Open 10:00-17:00 | Closed on Sun & public holidays  
 Open Saturdays only  
 Please call us if you wish to visit Mon-Fri.  
 TEL: 090-8226-1808  
 Parking available

**33 Kinkai Ajsai-ichi**  
 1-1 Kinkai-Katagami-machi, Nagasaki City  
 Open 8:00-17:00  
 Closed during New Year's holidays and August 13-15  
 TEL: 095-885-2253  
 Parking available (25 cars)

**ACTIVITIES**